

Learning can happen anywhere. Interactive and hands-on learning is the best way for anyone to learn, especially our kiddos.

The following pages provide a schedule of ways to have fun learning. Each day has its own “theme” and a few suggestions to go with it. This way, you don’t have to feel overwhelmed that you have to do it all every day. Perhaps you need a little help to organize yourself and your to-do list. Maybe you need a reminder to slow yourself down from the hectic reality of our lives and spend a little time embedding a little learning into our schedule and routines.

Following the “schedule”, you will see some listed benefits of each area.

Following that, you will find a more formally guided activity.

You are encouraged to complete an activity (your own and/or the guided activity) and share your results with us. Take a photo, a video, and/or write a journal entry with your child’s dictated words.

Interactive activities: * are a fun way for kids to play & learn. *physical activities promote fitness & health. *games & puzzles aid in skill development. *collaborative activities improve social skills & tighten bonds. *cooperative games teach essential life lessons.

<https://www.journalbuddies.com/having-fun/benefits-of-interactive-activities/>

Contact teacher via email. You can also post on our school Facebook page (we have a public and private page).

M

Make it Monday:

craft, play dough, Legos,
blocks, fort...

T

Take a Trip Tuesday:

virtual museum, bike ride,
walk...

W

*What's Cooking
Wednesday:*

Make something to eat.

TH

Thinking Thursday:

science experiment,
cooperative activity, puzzle...

F

Fun Friday:

Pick a fun favorite activity.

Creativity: *is multi-disciplinary. * allows you to express yourself. *promotes thinking & problem solving. *reduces stress and anxiety. *allows you to enter your happy zone & have fun. *gives you a sense of purpose. *can lead to feelings of accomplishment & pride. *improves your ability to focus. *promotes risk taking. *is a prerequisite for innovation. *encourages us to be lifelong learners.

A trip: improves social & communication skills. *ensures peace of mind. *helps you gain original & creative thoughts. *broadens your horizons. *enhances your tolerance for uncertainty. *boosts your confidence. *gets you real-life education. *creates memories. *helps you have fun.

Cooking: *strengthens a child's fine motor skills. *develops basic understanding of math concepts. *develops the concept of sequencing. *expands vocabulary. *develops reading skills. *introduces scientific concepts. *develops an adventurous & diverse taste palette. *engages our senses. *increases focus & attention. *teaches life skills. *promotes healthy eating. *boosts self-confidence. *encourages family bonding.

Critical Thinking: *encourages curiosity. *enhances creativity. *reinforces problem solving ability. *Promotes: reasoning skills, analytical thinking, evaluative skills, logical thinking, organizational & planning skills, language skills, self-reflection, observational skills, open-mindedness, visualization techniques, questioning ability, and decision making. *develops independence. *is a lifelong skill.

Having fun: *reduces stress. *improves our ability to cope. *boosts energy. *improves memory & concentration. *improves our connections with others. *improves sounder sleep.

Guided Activity:



Tortillas!!

Have you ever made tortillas?

Materials:

Bowl, Rolling Pin, Griddle or Frying Pan

Ingredients

- 2 cups white flour
- 3 tbsp shortening or butter
- 1 tsp salt
- 1/3 to 1/2 cup hot water

What To Do:

In a big bowl, add the flour, salt and shortening or butter

Mix it together breaking the shortening into very small pieces, you could use either your hands or your mixer. You want it to feel like a sand texture.

Once you have the sandy texture, we are ready to add our water, little by little. you will never use the same amount of water.

In winter you may use more water than in the summer.

Mix up until you form a soft dough.

If you feel like it needs more water, you can add a little bit at a time.

Once you reach a beautiful dough, cover it and let it rest for at least 20 minutes.

Then you are ready to make your balls and start making your tortillas.

It is very important to have your pan hot once you are adding your tortillas, and you are going to flip your tortillas 3 times in total. Good Luck.

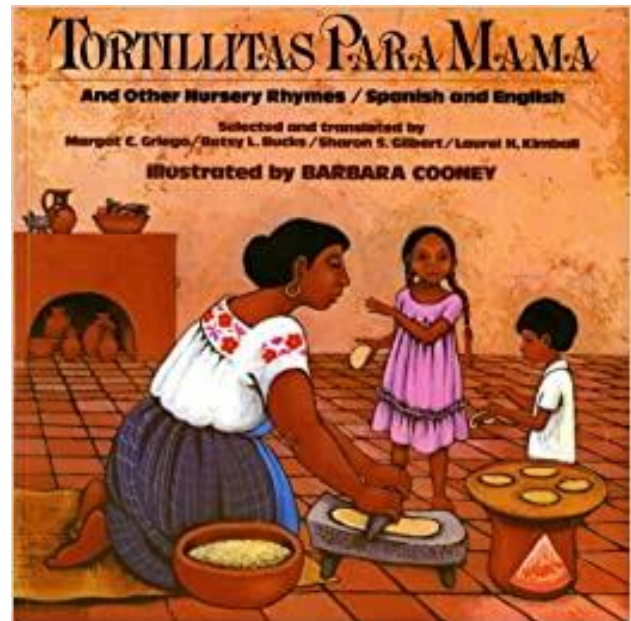
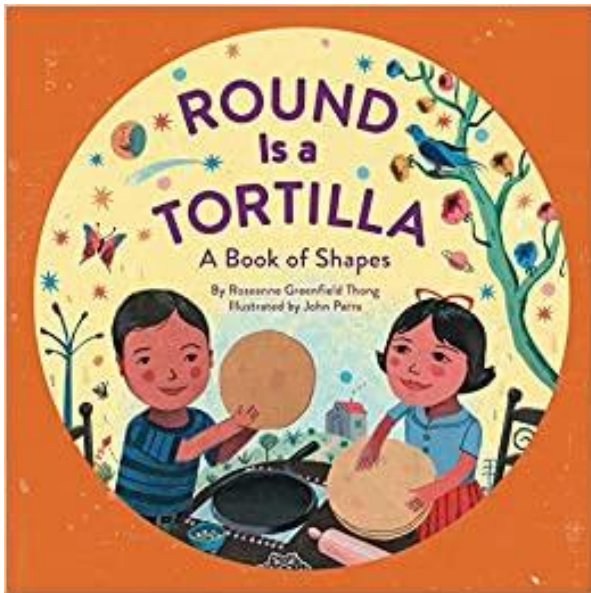
Link to video: <https://youtu.be/rSGo3MNsFpA>

ISBE Learning Standards:

Science 12.C.ECa identify, describe, and compare the physical properties of objects;
12.C.ECb experiment with changes in matter when combined with other substances.

Math 7.C.ECa With teacher/parent assistance, explore use of measuring tools that use standard units to measure objects and quantities that are meaningful to the child.

Recommended Reading:



Resources:

“Round Is A Tortilla” <https://youtu.be/TeSgq7p0jUg>

“Tortillitas Para Mama”:

<https://www.youtube.com/watch?v=4RW3OB4oLqQ>

Would you like to learn some songs in Spanish? Me too!

<https://youtu.be/oFS1MIh-Pok>

Making CORN Tortillas:

<https://www.americastestkitchen.com/kids/recipes/diy-corn-tortillas>