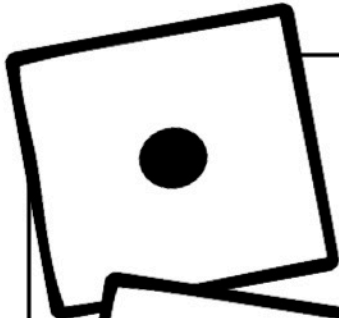
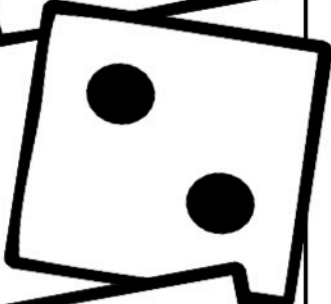
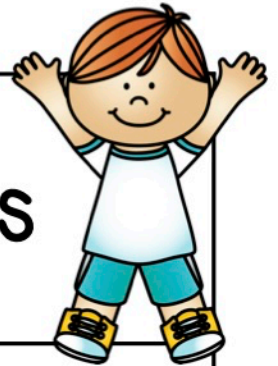


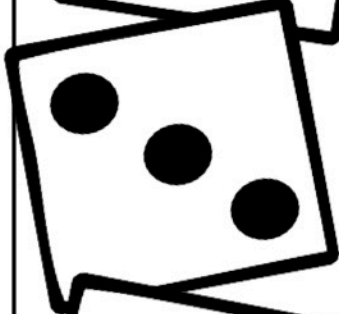
Roll a Task: Brain Break



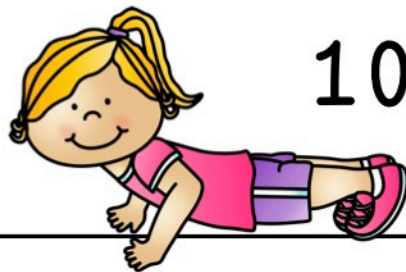
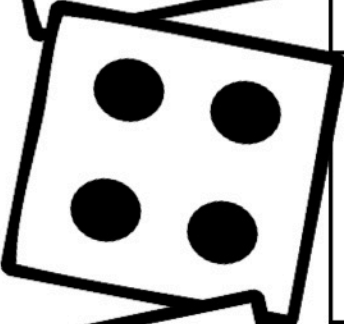
20 Jumping Jacks



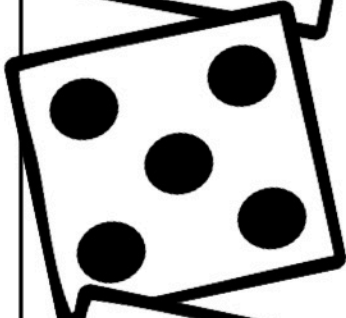
15 Sit-Ups



Hop on one foot



10 Push-Ups



Touch your toes
(hold 15 seconds)



Run in place